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Back In Business: A guide to SUMMER 2021

Welcome Back, Northern Rhode Island!

Northern Rhode Island is back in business after a long and difficult year, and as your favorite local restaurant, watering hole and gym works on getting things back to normal, it's a time to be grateful for the community's resilience.

This guide to summer 2021 aims to celebrate that resilience and has two additional goals: support local businesses that have struggled through the pandemic, and help locals get back on track as they finally begin to venture out.

In this guide, you'll find the best of what our small northern towns have to offer through the summer months, from activities and live entertainment venues, to outdoor dining and ways to cool down.

Northern Rhode Island News On the Web already offers complete, daily, online news coverage on the towns of Burrillville and North Smithfield, and for this guide, we've decided to include Glocester as well, as an introduction to our coverage in that town. We've gathered the details of your summer punch list so you don't have to, including features on some lesser known options for seniors (page 12) and the best spots to grab a cone (page 8.) In the back, check out pages dedicated to health and beauty, with success stories from local businesses helping clients to look and feel their best after a year of stress and isolation.

We've included addresses and phone numbers of many local establishments, now the honored survivors of the year that brought the world to a halt, in hopes to make it that much easier for you to visit.

It's our contribution to the effort to help make sure these local businesses stay up and running, and keep the northern Rhode Island economy vibrant for years to come. We hope you enjoy it and use it, as we celebrate the better days ahead.



Looking for a place to swim? Spring Lake in Burrillville is open for the 2021 season. Read about local swim spots on page 6.



Gene Harrison returns to Cady's Tavern July 30



Get weird: The Ancients & Horribles Parade returns to Chepachet on Saturday, July 3

Time to celebrate: Relax, dance off 2020 with live entertainment all summer

It's been an especially tough year for music – not only for the artists and fans, but also for all of the great venues in northern Rhode Island that rely on live entertainment to bring in the crowds.

The good news is that most, if not all, local venues have relaunched an entertainment line-up for summer 2021, and events in July and August will feature everything from DJs and trivia contests, to great, local bands. Fairs and festivals have also resumed in northern Rhode Island, with towns hosting several summer concerts and gatherings.

In 2021, it seems you don't have to drive far to find entertainment almost any night of the week.

Take Cady's Tavern in Glocester, where the "Roadhouse Blues Jam," has resumed every Sunday. The venue now hosts Wise Guys Team Trivia every Friday, while Saturdays are reserved for bands. Dubbed, "Rhode Island's original roadhouse," Cady's boasts 15 continued on page 2

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beers on tap, plus a full pub menu featuring award-winning wings and chili. "It has been difficult since this pandemic started, and I am very grateful that we have a great customer base and (that) we have done well with our food menu," noted owner Robin Tyo.

Johnny's Victory Diner in Burrillville now offers live music alongside a barbecue menu every Friday night from 6 to 9 p.m., weather-permitting, with entertainment scheduled through August on their outdoor patio.

And although organizer Rob Greyfox cancelled some of his concert series for The Island in North Smithfield, that venue has released a lineup of its own with dates for several free concerts throughout the summer.

Below find a complete list of live entertainment in northern Rhode Island through July and August. A separate schedule on pages 4 and 5 cover special events, such as festivals and summer concerts. Keep in mind, line-ups are subject to change and it's always best to confirm with the venue.

Bravo Brewing Company

This Pascoag-based brewery features a game room, as well as giant Jenga and cornhole boards. The brewery hosts monthly paint and beer nights with Chepachet-based business Listen to Your Art, with dates to be announced. Food trucks also schedule visits to the brewery with dates published as they're confirmed on the business's Facebook page.

75 Pascoag Main St., Pascoag, (401) 710-4242

Cady's Tavern

Friday nights, Wise Guys Trivia, 8 p.m.

Live music every Saturday:

July 10: The Mike Crandall Band

July 17: Before the Storm

July 24: Neal & the Vipers

July 30: 2 p.m. Gene Harrison

8 p.m. Infinite Groove August 7: 2 p.m. Cross Rhode Blues

8 p.m. Chris Stovall Brown

August 14: TBA

August 21: Ed Peabody & the Big Blue Thang

August 28: The Teledynes

2168 Putnam Pike, Chepachet, (401) 568-4102

Hill's Tavern

Tuesday and Friday nights, karaoke with DJ Serge. Wednesday nights, Open Mic with Jesse J Desorcy and Chris Quiray. Thursdays, various live bands featuring Dylan Butler and friends.

Sunday, Rocking Blues Jam with various artists, 2 p.m.

Saturday, July 3: Back in the Day, 3 p.m.

Saturday, July 17: Still Burning, 2-6 p.m.

Tony Soul Project, 7-10 p.m.

Saturday, July 31: Through the Doors with a Janis Joplin tribute

Saturday, August 14: Rob Benton, 4-7 p.m.

Saturday, August 28: James Montgomery with Nolan Leite 3 p.m., \$15 cover

Sunday, August 29: Hill's Tavern Jam with Tony Soul, 2 – 6 p.m.

417 Putnam Pike, Chepachet, (401) 349-5512

Johnny's Victory Diner

Fridays, 6-9 p.m.

July 2: Nate Cozzolino

July 16: Brian & Kevin Acoustic

July 23: Paul Juneau Music

July 30: Tim Hart & the Illusions

August 6: Tim Hart and the Illusions

August 13: Grand Evolution

August 20: Paul Juneau Music

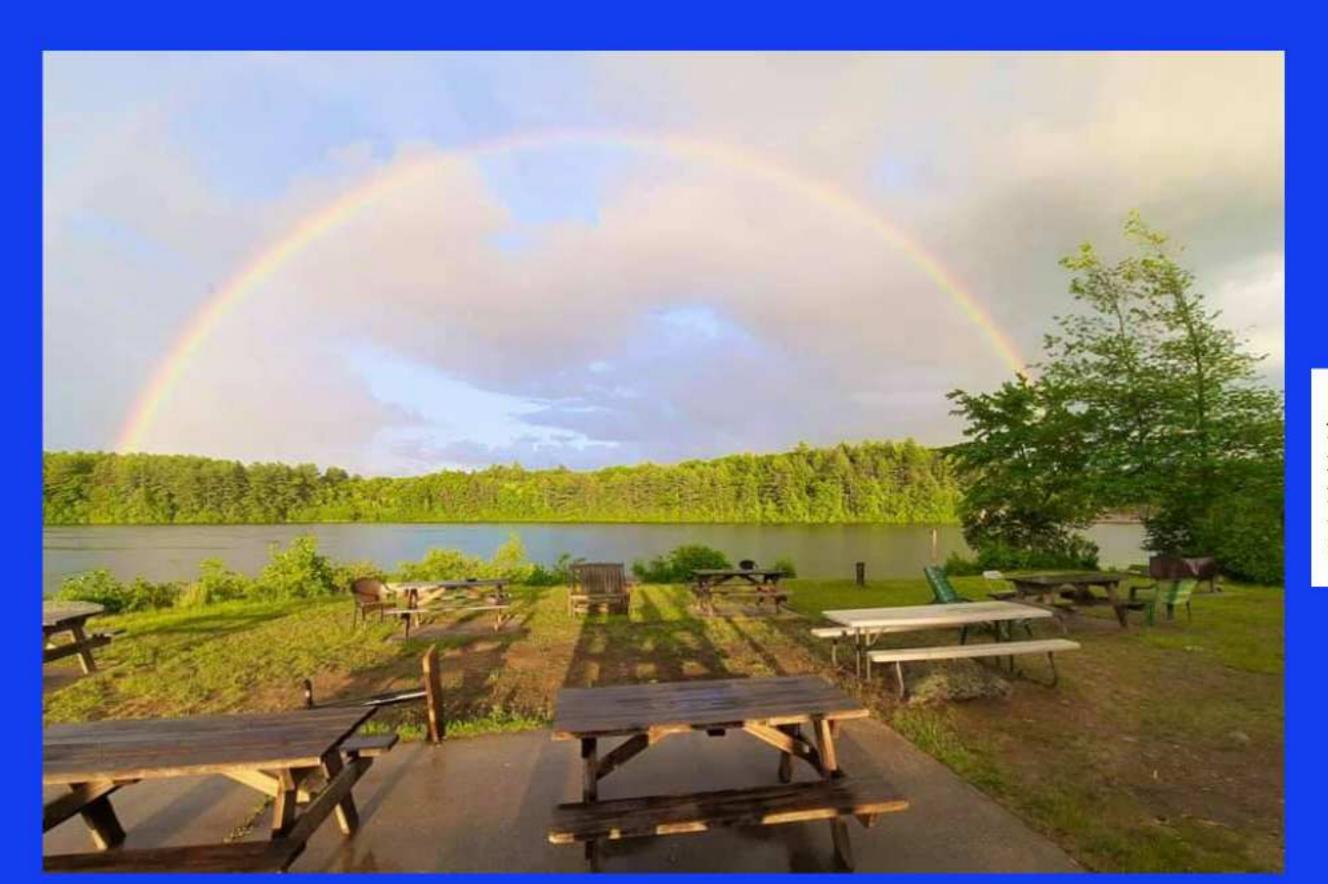
August 27: Tim Hart and the Illusions

2731 Victory Highway, Nasonville, (401) 765-2661

Lindy's Tavern

Fridays, Music Bingo, 7-9 p.m. Saturdays, Live music/bands, starting at 2-3 p.m., TBA Sundays, Open Mic, 1-5 p.m.

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A rainbow over Slatersville Reservoir as seen from the latest northern Rhode Island spot to offer live entertainment: The Island

James Montgomery will perform at Hill's Tavern August 28



SUMMER PROGRAMS

Burrillville Parks & Recreation Department

YOUTH ACTVITIES:

- Pottery at the Pavilion
- Summer Street Hockey at Oakland Park
 - Summer Softball at Hauser Field
- Multi-SportCamp at Branch River Park
 - Fun in the Sun at Hero Park Field
 - Summer Football at Hauser Field
- Summer Ukulele lessons at the Pavilion



More Information:
https://www.burrillville.org/parks-recreation
Facebook:
https://www.facebook.com/BurrillvilleParksandRec

Phone: 401-568-9470



DON'T FORGET SPRING LAKE BEACH IS OPEN DAILY FROM 10 AM TO 7 PM

Grace Note Farm hosts Summer Chamber Music Festival

BURRILLVILLE – A four-day festival featuring six renowned performers will be held on a historic farmstead in July as part of an ongoing series that aims to make world-class music accessible to a local audience.

Grace Note Farm will host the Summer Chamber Music Festival, featuring David Bernat; Jiarong Li; Cameron Chase; Audrey Chen, Nina Bernat and Joseph Lin for several performances on two consecutive weekends, July 3 and 4, and 10 and 11.

The latest in the ongoing Music At the Farm series, the festival will include four programs, all starting at 2 p.m. at Artistic Director Virginia Sindelar's Pascoag home, an 11.5 acre farm on Jackson Schoolhouse Road. The historic property, known as the Benjamin Smith homestead, is adjacent to the George Washington Management area and has been a working farm for more than 200 years.

Sindelar launched the series in 2018, bringing professional musicians to the relaxed venue that feature a variety of music styles, from classical chamber music, to folk and jazz.

Violinist Bernat is a C. V Starr Doctoral Fellow at the Juilliard School, where he studies with Joseph Lin. He was recently featured on the BBC Radio 3 program, In Tune, and at WQXR's Greene Space as part of Juilliard's annual ChamberFest.

As soloist, Bernat has performed concertos with the Ft. Dodge Symphony and Waterloo-Cedar Falls Symphony, and is a 3rd Prize winner of the 2020 World Bach Competition hosted by the Boulder Bach Festival and a semi-finalist of the 2018 Hudson Valley String Competition.

Chinese Pianist Li has won prizes at competitions including the Oxford Philomusica Piano Festival and Summer Academy Competition, the Distinction Award of the Hong Kong-Asia Piano Open Competition. Li is currently a DMA student at Manhattan School of Music, where she studies with John Forconi. Her former teachers include Pei-Shan Lee, Bruce Brubaker and Xiang Zou. Jiarong is a Si-Yo Artist.

Chase currently studies at the Juilliard School with Areta Zhulla and is pursuing a bachelor's degree in violin performance. He has attended music festivals such as the International Academy of Music in Italy, Music Mountain Masterclasses in Connecticut, and The Bowdoin International Music Festival in Maine. He has been featured as a soloist in Vieuxtemps Violin Concerto No. 5 with the Norwalk Symphony Orchestra, Vivaldi's Four Seasons with the Bridgeport Symphony and with Christopher Hisey and the American Chamber Orchestra.

Cellist Chen, a Washington native, has performed across the globe, including at Carnegie Hall, the Mariinsky Theatre, Royal Albert Hall, and the Kennedy Center. She has performed as a guest artist with the Boston Chamber Music Society, A Far Cry, the Silk Road Ensemble, the Parker Quartet, and the Borromeo Quartet. Chen has also **continued page 9**



David Bernat

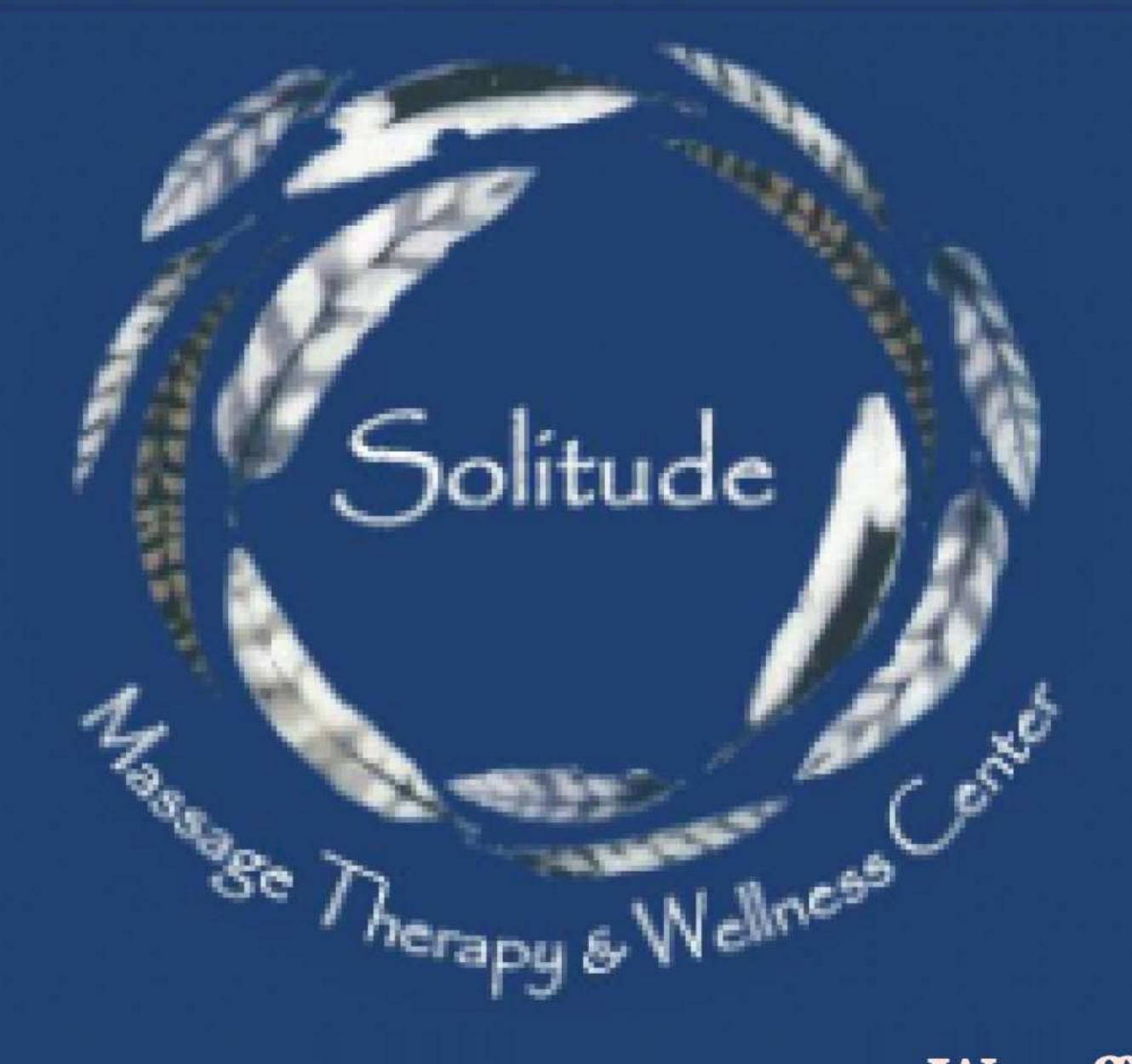


Cameron Chase



Audrey Chen

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1991 Victory Highway, Glendale RI 02826 While some long-standing northern Rhode Island traditions were modified in 2020 under pandemic-related restrictions, most were cancelled, a sad reality for organizers, some of whom rely on the events as fundraisers.

Some gatherings, such as Burrillville's annual Family Fair, remain on hiatus in 2021, but most are back on, with groups promising to bring back all of the fun and community spirit we missed in 2020.

Below is our list of not-to-be-missed summer events in northern Rhode Island.

Event: Ancients & Horribles Parade & Festivities

When: Saturday, July 3 & Saturday, July 10 (rain date)

The lowdown: Founded in 1927, the Ancients & Horribles Parade is a one-of-a-kind gem in northern Rhode Island featuring floats, marchers, veterans, fire trucks and often, political satire. When the event was last held in 2019, locals were celebrating the defeat of an effort to build a power plant in Burrillville, and developer Invenergy appeared as a fire-breathing dragon, while a walker dressed as former state Gov. Gina Raimondo wore a price tag and sign stating, "donations accepted." In 2020, organizers asked locals to decorate their homes to honor the long-standing 4th of July tradition.

Over the years, Glocester's celebration of Independence Day has grown to include a night of music and fireworks, and a road race, and 2021 is no exception. Saturday, July 3 begins with Glocester's Annual Road Race at 9 a.m., and the parade starts at 4 p.m., marching along Route 44 in the village of Chepachet. Guests are invited to show off their artistic talents as well and wear crazy outfits, as they set up lawn chairs and blankets along the route. Prizes will be awarded for Most Ancient & Horrible, Most Patriotic and Best Walking Group.

This year, the town's celebration was scheduled to begin on July 2, but rain delayed the music and fireworks to Saturday, July 10 at 5 p.m. at Glocester Memorial Park. Classic rock band Gullet will kick off the show with a performance until 7 p.m., when the Nolan Leite Experience takes the stage. Fireworks are slated to begin at 9 p.m.

Event: The Riverwalk Times Concert Series

When: Saturdays at 6 p.m. through July & August

The lowdown: Put on by Friends of the Jesse Smith Memorial Library the series had humble beginnings in 2008 with a single act. Originally devised as a way to thank the community for support of the library throughout the year, the series has grown in recent years and will feature seven high-quality acts in 2021. Concerts are held at the pavilion in front of the library, and organizers have also secured a rain venue this year, with events held at Burrillville High School's Levy Rink in inclement weather.

The 2021 concert season is dedicated to the memory of Clinton O. Remington, in recognition of his contributions to the facility, and guests are invited put on their dancing shoes, and bring blankets and chairs.

https://www.facebook.com/johnnysvictorydiner

Voted #1 BBQ in RI by Food & Wine Magazine - 2020

July 10: Jesse Liam Band

July 17: Brass Attack

July 24: All About Amy (formerly The Deloreans)

July 31: Kelley Lennon Band

continued, page 5



A scene from the 2019 Ancients & Horribles Parade



The Kelley Lennon band played at the Stillwater Mill Pavilion as part of the Riverwalk Times concert series in 2019.



continued from 4 (Riverwalk)

August 7: Live Music Band August 14: The Aviators

August 21: The Black Tie Band

Event: North Smithfield Days

When: July 8-10

The lowdown: First held in 2019, North Smithfield Days were cancelled in 2020 and are returning this year as a celebration of the town's 150th birthday. Three days of events and activities will culminate with a celebration at North Smithfield High School on Saturday, July 10, with music and food trucks, ending with a dramatic fireworks display.

The events begin on Thursday, July 8, when town-based director Christian de Rezendes will bring a special pre-screening of his docu-series Slatersville: America's First Mill Village to the North Smithfield High School auditorium. The latest segment in the an ongoing series of previews dubbed "The War," will look at North Smithfield's contribution to World War II. The full 9-part documentary is slated to premiere on Rhode Island PBS next year.

The screening, which begins at 7:30 p.m., is expected to last around 45 minutes, and is free and open to the public.

That same evening, a free family movie night will take place in the t-ball field at Pacheco Park, starting after sundown around 8:45 p.m.

On Friday, the celebration moves to Goodwin Brothers Farm with Dinner Under the Stars, a chance to enjoy top-notch local food and entertainment in an outdoor setting.

Farm-to-table chef Ryan Sherlock has devised a four-course menu for the event with entrée choices such as "farmer cioppino," pan roasted statler chicken, and fire-side smore baskets for dessert. A band, including local artist Derek McDonald will play throughout the evening.

Tickets for the dinner cost \$100, with proceeds to support future North Smithfield Days. Reservations can be made on Eventbrite.com.

The final day, Saturday, July 10 will start off with a walking tour of Slatersville with Blackstone River Historical Park. The free, roughly one-hour tour of the village will depart from Memorial Town Hall at 9 a.m.

Starting at 10 a.m., families are invited to stay in the village for Kids' Day in the Park at Pacheco, with free activities to run through 1 p.m. At 12:30, North Smithfield Fire & Rescue will come by with a truck and will open up the fire hose for the kids to run around under and cool off according to organizer April Lombardi.

Saturday night, the grand finale takes place on the high school grounds, where DJ Ray Arruda will begin spinning tunes around 6:30 p.m.

Vendors will include Sunnyside on the Street, Mickey G's Clam Shack, The ISH, Smoke & Barbecue and a final truck offering cool treats such as ice cream or lemonade, which has still to be determined. Guests are invited to secure their spot for the fireworks, to be lit from the baseball field starting around 9:15 p.m.



Black Plain Road will perform at the North Smithfield Summer Concert Series August 5.



PVD Food Trucks will return to the Assembly Theatre for dates in July and August.

continued page 11



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WALDORF

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CEASAR

Incudes romaine tossed with a creamy garlic Parmigiano Reggiano and topped with croutons \$8.00

SALAD TOPPING OPTIONS

(Add to any salad above) Grilled Chicken or scoop of Tuna, Chicken Salad, Seafood Salad \$3.50

Topped with chunk chicken, buffalo sauce

PASTRAMI FRIES Topped with pastrami, peppers, onions,

mushrooms & house cheese sauce \$8.50 **POUTINE FRIES**

Topped with house-made brown gravy and fresh shredded mozzarella \$7.00

S'MORES FRIES

Topped with hot fudge and marshmallow \$6.50 CINNAMON & SUGAR FRIES

Topped with whipped cream \$6.00

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Hit the beach, without the traffic: Northern RI's freshwater shores offer great alternative for summer fun

Far closer – and more affordable – than the ocean waters, Northern Rhode Island's lakes and ponds have a beauty and charm you won't find elsewhere.

There's Peck Pond and Bowdish Reservoir, surrounded by the pristine hiking trails in the 4,000-area George Washington Management Area, peaceful escapes where wildlife abounds, and guests can cool off in the water, or fish from a quiet embankment.

For Glocester residents, there are the docks at Spring Grove Beach and the tranquil water of Coomer Lake.

And once the state Department of Environmental Management completes plans for the recently-purchased Echo Lake in Burrillville, that water body is expected to join the list of local places to take a dip on a hot summer day.

But for affordable family fun close to home, Spring Lake Beach is hard to beat.

Where else can you swim while the kids explore multiple playgrounds and water slides, play a game of ping pong and tour a mini-museum, all for the price of a \$4 admission – or \$7 for non-residents. Add in the unique and affordable paid features including a vintage penny arcade; canoe, kayak and paddle board rentals; concessions; and multiple bounces houses; and you have yourself quite a full family fun day.

Or maybe, you just want to work on your tan while gazing at the 95-acre lake.

Either way, it isn't the ocean, but when it comes to summer fun, Spring Lake Beach packs it in.

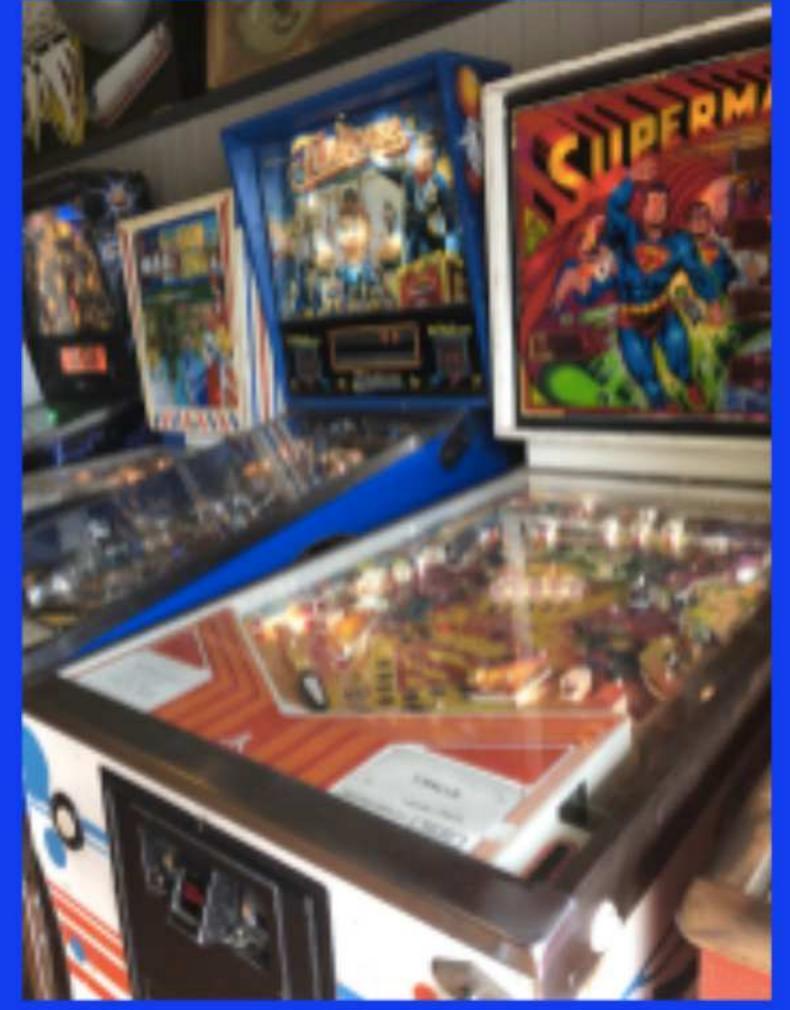
The town-run beach officially began the 2021 season on Memorial Day weekend, and will be open daily from 10 a.m. to 7 p.m., weather permitting, through September 6.

Manager Judy Lopez said that everything's up and running in 2021 – with exception of the water fountains.

At Spring Lake, that means there's plenty to do and see, and you won't have to sit in traffic for hours, pay to park, or brave your way through beach crowds.

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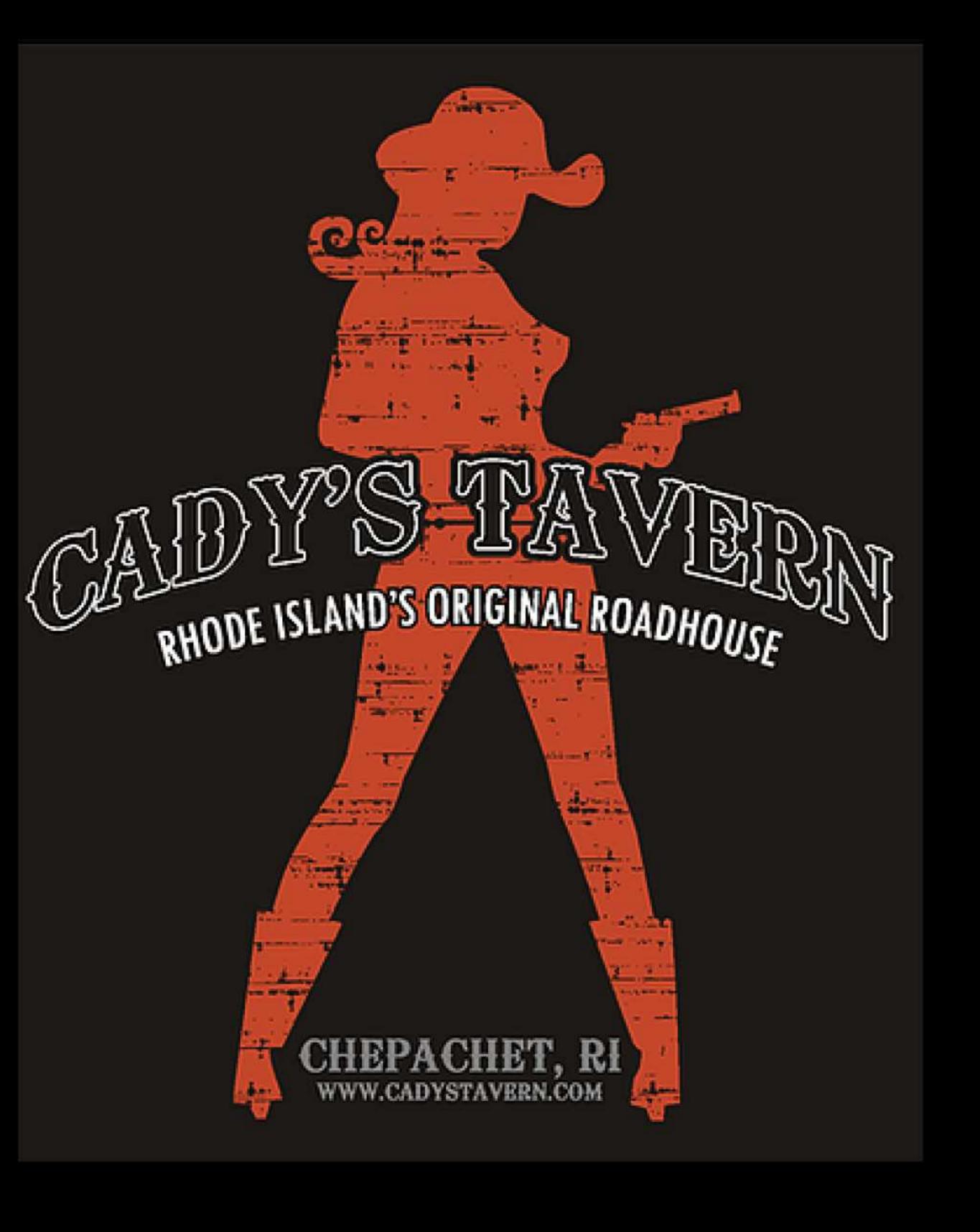


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Upcoming Entertainment

Saturday, July 10: The Mike Crandall Band Saturday, July 17: Before the Storm Saturday, July 24: Neal & the Vipers Saturday, July 30: 2 p.m. Gene Harrison 8 p.m. Infinite Groove Saturday, Aug. 7: 2 p.m. Cross Rhode Blues

8 p.m. Chris Stovall Brown

Saturday, Aug. 14: TBA

Saturday, Aug. 21: Ed Peabody & the Big Blue Thang

Saturday, Aug. 28: The Teledynes
Saturday, Sept. 4: Billy Pilgrim Band
Saturday, Sept. 11: Vintage Bike Show &
Calendar Shoot
8 p.m. Wicked West

Saturday, Sept. 18: Cool Beans Saturday, Sept. 25: Neal & the Vipers



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Welcome back to live music Rhode Island!

Sweet treats: Indulge & cool off this summer with your favorite cone

There are few things as symbolic of summer as a cone of ice cream – eaten quickly on a hot day before it drips onto hands and clothes.

For us here at NRINOW, there's always been something nostalgic about the messy treat, reminiscent of those special summer days when dad would surprise everyone by pulling the car into Janets or Dairy Queen. (Lifelong locals should know just what we mean.)

And northern Rhode Island has some of the best spots for the ice cream in New England, with stops that offer a cone with a view, Rhode Island's only "cow to cone," business, and new shops popping up to make summer 2021 the best yet for fans of the cold stuff.

Harmony Corner Store, on the border of North Scituate and Glocester, now serves hard and soft ice cream, and outdoor tables with umbrellas offer guests an escape from the sun.

In Pascoag, Cow's Tail Deli offers one, two or three scoops of Gifford's brand ice cream, bought from a family-owned creamery in Maine. The deli is now serving 20 flavors, along with non-dairy sorbet, and a no fat/no sugar option. Grab a picnic table overlooking Gonyea Memorial Park at the site of the former Granite Mill, and enjoy.

Wright's Dairy Farm in North Smithfield makes ice cream right on the premises using milk and cream from the cows that live there, creating the state's only fresh, "cow-to-cone," experience. The entire process takes two days.

"The base consistency is somewhere between heavy cream and vanilla pudding," notes a write-up by Wright's on the chilled snack. "The ice cream base is cooked in 30 gallon batches in a large kettle in the bakery."

In 2019, the business purchased a 1966 Streamline trailer, and had it fully renovated into an ice cream shop. The full-time scoop shop now serves up the homemade stuff each year from April through October, with hours Monday through Thursday from 1 to 8:30 p.m.; and Friday through Sunday from noon to 9 p.m., weather permitting. Once you grab your flavor, take a stroll on the farm grounds for a peak at the cows responsible for the indulgence.

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The Harmony Corner Store



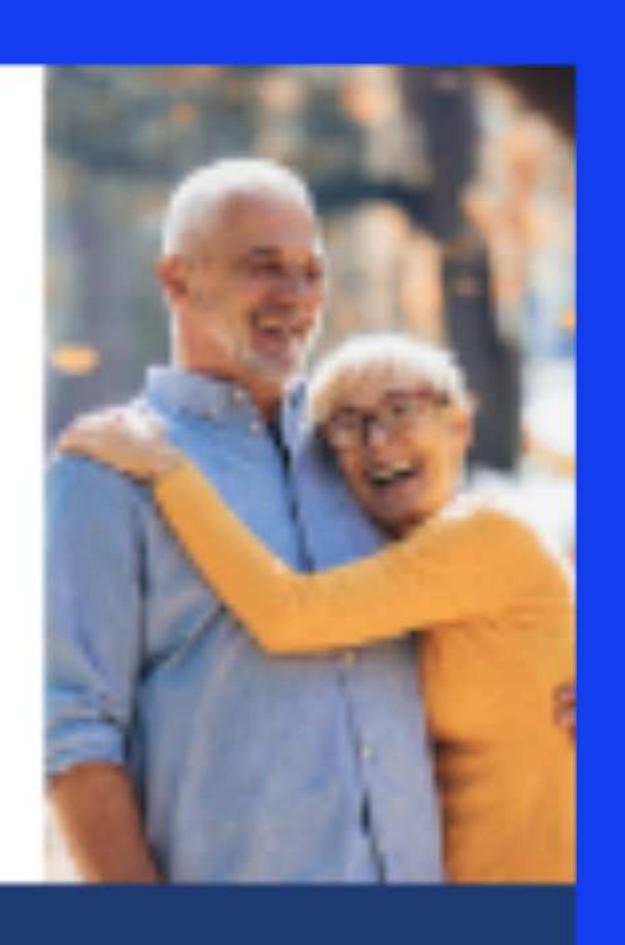
Wright's Dairy Farm



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continued from page 2 (The Island)

Saturday, July 17: The Live Music Band Saturday, August 21: The Live Music Band 98 School St., North Smithfield, (401) 356-1966

Mulberry Vineyards

Bring your own chair for the vineyard's Summer Concert Series and enjoy great wine and music by Elise Testone & Mike Sullivan on select dates throughout the summer.

Sunday, July 11, 1-4 p.m.

Saturday, August 7, 1-4 p.m.

Sunday, August 22, 1-4 p.m.

95 Pound Road, Chepachet, (401) 217-9288

The Assembly Theatre

Friday, August 6 & Saturday, August 7: Into the Woods Jr. 7:30 p.m., \$20

Sunday, August 8: Into the Woods Jr. 2 p.m., \$20

Sunday, August 15, Musical Theatre Workshop, ages 4-7, 9:30-11:30 a.m. \$35/child, register by July 15

Friday, August 27, 6:30 p.m.: Junie B. Jones The Musical Jr., \$20

Saturday, August 28, 1 p.m. & 6 p.m.: Junie B. Jones The Musical Jr., \$20

Tickets for shows available on Eventbrite.com.

26 East Ave. Harrisville, (401) 474-2368

The Island

Friday, July 2: Edge of Dreams, 7 p.m.

Saturday, July 10: Street Survivors RI, Skynyrd Tribute Band & Night of Zeppelin, Zeppelin Tribute

Band, 6 – 10 p.m., Cover charge

Friday, July 16: Dirty Old Men with Dinolicious Food Truck, 7 p.m

Friday, July 23: So Many Rhodes with Supa Dupa Food Truck, 7 p.m.

Friday, July 30: Live Music Band with Dinolicious Food Truck, 7 p.m.

Friday, August 20: Voodoo Vixen, 7 p.m.

Friday, August 27: Bad Dog Band, 7 p.m.

1600 Victory Highway, North Smithfield, (401) 762-0965

Uncle Ronnie's Red Tavern

Fridays, Easy listening live music, 7:30-11 p.m.

Saturdays, Music Bingo, 8 p.m.

Sundays, Trivia Night, 7 p.m.

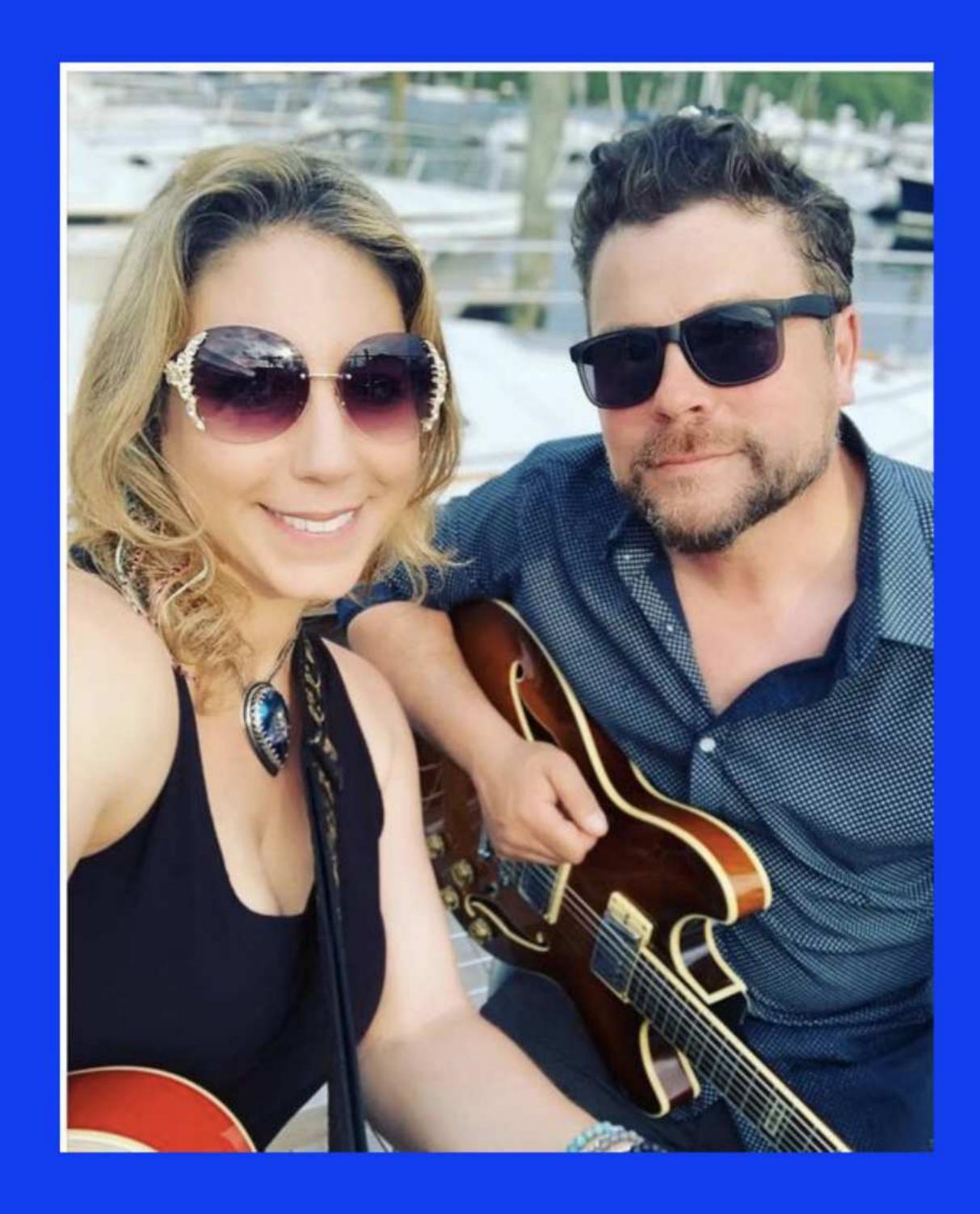
2692 Victory Highway, Harrisville, (401) 568-6243

Grace Note continued from page 3

performed in numerous festivals, has a bachelor's from Harvard University and master's in music from the New England Conservatory. She is now pursuing a doctorate in musical arts from the CUNY Graduate Center. Chen is also the cellist of the New-York based Argus Quartet.

Nina Bernat is the first prize winner at the 2019 International Society of Bassists Solo Competition. She has performed as guest principal of the Israel Philharmonic, the New York Philharmonic, and as a 2019 Keston MAX Fellow, she performed with the London Symphony Orchestra at the Barbican Centre. Bernat has recently performed with the Jupiter Symphony Chamber Players and as soloist with the Juilliard Chamber Orchestra in Alice Tully Hall as winner of the Juilliard Double Bass Competition. She currently studies with Tim Cobb and Rex Surany at the Juilliard School as a proud recipient of the Kovner Fellowship. Joseph Lin appears regularly throughout the United States, Asia and Europe, and is on the faculty of Julliard School, where he teaches violin and chamber music. Lin was first violinist with the Julliard Stirng Quartet from 2011 to 2018. Since then, his concert engagements have included period instrument performances of Beethoven and Schubert, as well as the complete Bach Sonatas and Paritas. As a professor at Cornell from 2007 to 2011, Lin organized the inaugural Chinese Musicians Residency and led a project to create new music inspired by Bach.

Program 1 of the festival on Saturday, July 3 will feature Wolf- Italian Serenade for String Quartet Schubert – String Quintet in C major. Program 2 on Sunday, July 4 will showcase Schumann a Piano Quartet in E flat Major. On July 10 it's Dvorak – String Quintet in G major and the final day will include Schubert – Piano Quintet in A major "Trout." Tickets for cost \$40 and reservations can be made by calling (401) 567-0354.



Elise Testone & Mike Sullivan will perform at Mulberry Vineyards in Glocester

Join us for great, classic Rock & Roll all summer long!

The Live Music Band



Summer 2021 schedule

Saturday, July 17: Lindy's Tavern Pavilion, 98 School St, Forestdale, 3:30 to 7:30 pm

Friday, July 30: The Island 1600 Victory Highway, North Smithfield, 6-10 pm

Saturday, Aug. 7: RiverWalk Times Concert at Stillwater Pavilion, 108 Tinkham Lane, Harrisville, 6-8 pm

Saturday, Aug. 21: Lindy's Tavern, 98 School St, Forestdale, 3:30 to 7:30 pm

Welcome back to fun RI!

Dance away the summer with us!

facebook.com/thelivemusicband

Dining 'Out': Fresh air food service grows in popularity

Once just a novelty, the option of dining outside became a deal-breaker for many who hoped to continue patronizing favorite restaurants during the past year. As health authorities issued guidance promoting outdoor dining, establishments raced to extend patios and create fresh-air environments.

Unlike Zoom meetings, it's one pandemic-related trend that many hope continues.

And why not? Outdoor table service continues to be the safest way to eat out for those still apprehensive about the virus, and fresh air or a view can enhance any dining experience.

In northern Rhode Island, businesses including Bella Restaurant in Burrillville have long offered patio seating. Twinkling lights and a water fountain add ambiance to top-notch Italian cuisine.

Tavern 6 two 1 in North Smithfield offers plenty of outdoor seating, and serves American fair along with 16 beers on tap.

While fresh-brewed beer is the main course on the menu at Bravo Brewing Company in Pascoag, food trucks frequent the establishment, and outdoor tables add to a fun, casual atmosphere.

For lunch or dinner by the water, Crystal Lake Tavern offers food with a view. The tavern at the golf course is open to the public, with hours Thursday through Saturday from 11 a.m. to 9 p.m. and Sunday 11 to 8 p.m.

Guests to Glocester Country Club will find a similar scene, with a deck overlooking Waterman Lake at the private golf club.

While it's only a small portion of their seating, Coffee & Cream has several outdoor tables for breakfast and lunch customers at Slatersville Plaza.

Many businesses created or enhanced their outdoor dining options over the past year.

Known for its heaping servings of both traditional pub foods and affordably-priced seafood dishes, Lindy's Tavern added service in the, "Plastic Palace," to its offerings during the pandemic, enclosing a pavilion behind the restaurant and adding an outdoor bar.

Johnny's Victory Diner in Burrillville recently added a new patio, stage and tiki bar outside the restaurant, and obtained a full liquor license, making weekday breakfast and lunch or Friday night dinner just a little bit merrier.

Harmony Lodge in Glocester had a large deck installed in 2020, launching outdoor service in September.

The state's reopening did come with some sad news for fans of Thai food in Pascoag. Despite recent improvements to the patio, Thai Royal won't be serving up scorpion bowls with a view of the nearby waterfall this summer. The restaurant will be open for take out only for the next few months, with hours Tuesday through Thursday from 11 a.m. to 8 p.m.

But many other establishments will continue serving entrees with a side of fresh air, for a dining experience that can only contribute to a perfect Rhode Island summer.

Below is a list of local establishments offering outdoor seating. Keep in mind, many restaurants are still adjusting/recovering to life after COVID-19 and restrictions/reservation requirements may vary, so it's best to call first.

Bella Restaurant, 1992 Victory Highway, Glendale, (401) 568-6996

Bravo Brewing Company, 75 Main St., Pascoag, (401) 710-4242

Cady's Tavern, 2168 Putnam Pike, Chepachet, (401) 568-4102

Coffee & Cream, 900 Victory Highway, Slatersville, (401) 488-4448

Crystal Lake Tavern, 100 Broncos Highway, Mapleville, (401) 567-4500 ext. 18

Gator's Pub, 1402 Victory Highway, North Smithfield (401) 769-2220 (note: has seating, but no table service outside)

Glocester Country Club, 121 Wentworth Ave., Chepachet, (401) 949-3330

Harmony Lodge, 102 Putnam Pike, Harmony, (401) 949-1846

Hill's Tavern, 417 Putnam Pike, Chepachet, (401) 349-5512

Johnny's Victory Diner, 2731 Victory Highway, (401) 765-2661

Lindy's Tavern, 98 School St., Slatersville, (401) 356-1966

The Harmony Corner Store, 365 Snake Hill Road, Glocester, (401) 934-1170

Tavern 6 two 1, 621 Pound Hill Road, North Smithfield, (401) 249-9333

Uncle Ronnie's Red Tavern, 2692 Victory Highway, Burrillville, (401) 568-6243

Waterfall Cafe & Martini Bar, 35 East Ave., Burrillville, (401) 567-7000

Did we miss you? It wasn't intentional! It may be too late for our print/pdf edition, but stories will be featured on NRINOW.news throughout the month, and we'll be glad to add you. Let's build a relationship! Contact sandy@nrinow.news for more information.



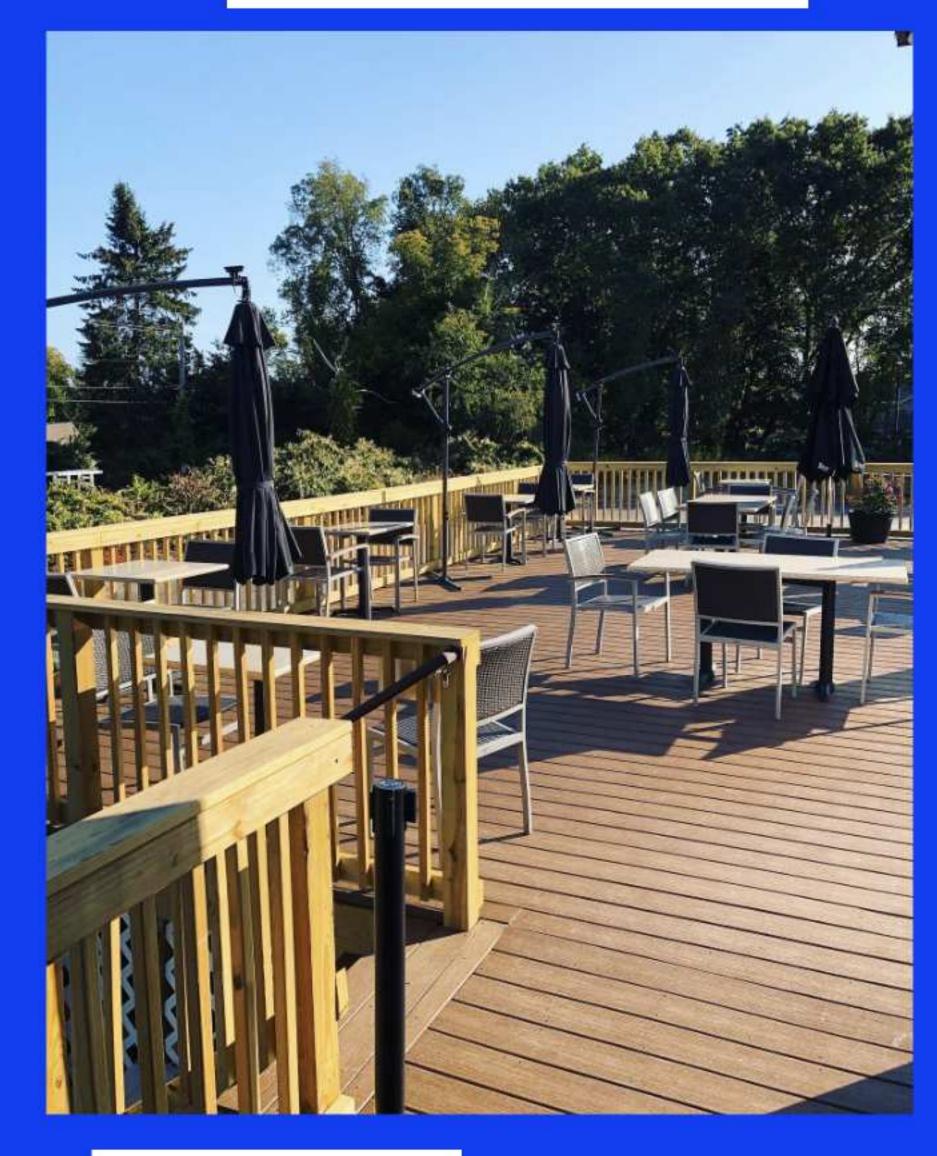
Johnny's Victory Diner



Crystal Lake



Bravo Brewing Company



Harmony Lodge

11

celebrations continued from page 5

Event: North Smithfield Summer Concert Series

When: Select Thursdays in July & August

The lowdown: An annual series put on by the North Smithfield Parks & Recreation Department, the summer concerts have long been held at the Slatersville Congregational Church Common, but have found a new home in 2021. Concerts this year will take place by the Town Hall gazebo at 83 Greene St., the property that once held Kendall Dean School.

Food trucks will also join the concerts this year, sponsored by Navigant Credit Union, and

parking will be available behind Town Hall.

July 22: Scott Fowler & Southbound Band

July 29: Whiskey Road Band August 5: Black Plain Road August 12: All About Amy

Event: The Assembly of Food Trucks

When: Sunday, July 18 & Sunday, August 15

The lowdown: A popular event since its inception in 2019, PVD Food Truck Night typically brings out around a

dozen trucks and hundreds of hungry visitors to the grounds of the Assembly Theatre on East Avenue in Burrillville. Enjoy a wine and beer by a scenic view of the Harrisville Dam, along with live entertainment starting at 5 p.m.

Event: Sundays in the Village

When: Sundays July 11-August 1, 11 a.m. to 2 p.m.

The lowdown: Join the Glocester Recreation Department at the pavilion at Kent Field for live music, vendors, food trucks and more.

July 11: Atwater~Donnelly July 18: Gooseberry Road

July 25: Pete Siner August 1: Bob Fat Free

Event: Burrillville Land Trust Fundraiser to Save Sweet's Hill

When: Sunday, July 25

The lowdown: Part of the Burrillville Land Trust's ongoing effort to save a 150-acre property on East Avenue of historical and ecological significance, this fundraiser will feature live music by River's North, raffles and more. Doors at the Townsmen Club at 66 Townsmen Way in Mapleville will open at 3 p.m., with a chicken BBQ dinner served at 4 p.m. Proceeds of the event go towards purchasing and stewarding the property. Tickets are available by calling (401) 4471560 or sending an email to info@burrillvillelandtrust.org

Event: Glocester Summer Concerts

When: Wednesday nights starting at 6:30 p.m.

The lowdown: Another event by the Glocester Recreation Department, the town's Summer Concert Series has been growing every year, starting in June and continuing for several weeks every Wednesday evening. Concerts are held on the grounds of Chepachet Union Church across from the Glocester Town Hall starting at 6:30 p.m., with the exception of the August 4 show. Guests are invited to bring a blanket or a lawn chair and relax for some entertainment.

July 7: Vinyl Frontier

July 14: All About Amy

July 21: Bill Thibodeau Band

July 28: Rhode Island Redneck

August 4: Brass Attack at Kent Field Pavilion

Event: The Burrillville Farmer's Market

When: Saturdays through September, 9:30 a.m. to noon

The lowdown: Held at the Stillwater Mill pavilion, the weekly market offers local food, art and music. Products include items such as beef, honey, baked good, eggs, cut flowers, plants and wool, and the market often also has entertainment, children's programs, educational literature and guest experts. For more information visit http://burrillvillefarmersmarket.org/

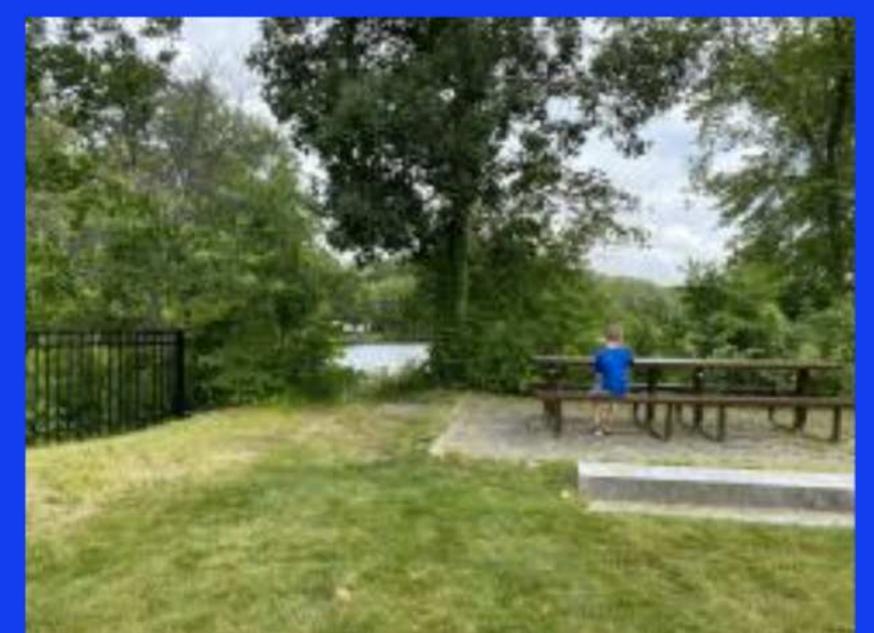
sweet treats continued from page 8

Catch them when you can – the Dinolicious Food Truck, run by two Burrillville natives, offers soft serve and floats.

At Black Forest Cafe in Chepachet, 20 flavors of hard serve can be scooped into gluten-free cones, along with options for soft serve and sundaes.

The soon-to-open new Beef Barn location on Industrial Drive in North Smithfield has plans to sell ice cream, offering guests the chance to stroll the grounds of the former Homestead Gardens while enjoying a dish. According to restaurant owners, the new building is now nearly complete, with a move from its current location on Greenville Road slated for August.

It's all part of what makes for a perfect, and oh-so-sweet, summer in northern Rhode Island.



Cow's Tail Deli

Don't forget the Rustic!

Summer in northern Rhode Island just wouldn't be complete without at least one trip to the Rustic Tri-View Drive In.

The only first-run drive in movie theater remaining in the state, Rustic is typically open from late April through early October, with vehicles lining up along the highway in North Smithfield each night to secure a space in the 550 car parking lot. Currently, gates open at 7 p.m. at the three-screen drive in on Wednesdays, Thursdays and Sundays, and 6 p.m. on Friday and Saturday nights



A seasonal stay: Respite care offers option for seniors in the summertime

Option allows families to take advantage of seasonal summer care

NORTH SMITHFIELD – The next several months are considered fun for most people. School is out for students, families take vacations, camping of all types begin and baseball is in full swing.

It is also a good time to remember the potential issues that arise. Beaches will be overcrowded during hot stretches, people suffering from heat stroke and other hot-weather ailments, pets looking for cooler shelters and other hazards. This can be especially true for seniors, who may live alone and not always be thought of when it comes to constant care.

Paul Jones, owner and lead concierge of The Care Concierge of New England in Slatersville, is now offering a possible solution. His company aids families looking to transition their loved ones into senior care facilities throughout Rhode Island and parts of Massachusetts and Connecticut.



Paul Jones

One of the ways of doing this, Jones says, is offering "Respite Care options," where the guest stays at a facility for up to 90 days and has all the amenities and privileges of a permanent resident.

Jones said this choice serves multiple purposes, and gives potential long-term residents a chance to see what's out there.

'As the Care Concierge,

"I help seniors and their families navigate the different senior care options to find the best quality of life," Jones said. "Too many families still conflate 'assisted living' with 'nursing home', and worry that exploring senior care is like consigning their loved one to some kind of torture. The reality is that the assisted living industry focuses on comfort and life enrichment. By taking advantage of a respite stay, my hope is that seniors can dispel some of the myths they may be holding onto regarding senior care, and stay safe through the summer heat in the bargain." Jones said that seniors are just as vulnerable during the summer as they would be during the winter holidays. Many people are more cognizant of their parents and loved ones during Thanksgiving and Christmas because of the potential for them not having heat in their homes. With summer, it's not as obvious. Jones likened it to leaving small pets or children in a car. Vehicles can get hot inside fast and creating dangerous situations in the process. The same thing could happen with the elderly in their own homes before anyone realizes something is wrong. As for helping those who may be "at risk," Jones said this opportunity could clear up misconceptions about care.

Respite programs began as a way for seniors to assess the assisted living experience. It was thought of as a natural response to people being unclear about what assisted living was and how it differed from nursing homes. Assisted living as an industry is still relatively young — most of the large companies trace their roots back to the 1990s or early 2000s — and the irony is the people who are now age-appropriate for assisted living only ever had nursing homes to rely on for their own older loved ones.

"It makes sense that people who are in their 70s-90s today would have very limited knowledge about assisted living, so giving those seniors an opportunity to make a trial run as a resident is smart business sense," Jones said. "Beyond that, there's a genuine component of altruism and safety in offering respite stays. In the winter, there are commercials and articles and reminders frequently to check on elderly neighbors and loved ones who may be without heat. It sometimes feels taken for granted that the summer heat can be just as dangerous for isolated seniors." Jones notes that respite stays in the summer are a good and easy way for seniors to retain their homes and try an assisted living environment for the summer, and to enjoy all that entails being a permanent resident. Meals are prepared for them, housekeeping is done for them and leisure activities are planned for them.

"Assisted living can feel like a summer-long cruise for seniors, without ever leaving land," Jones said.

Almost every assisted living community offers respite programs for interested seniors. A community may have a cap on how many apartments they reserve for respite stays, but part of the Care Concierge services is to help you secure a great respite apartment.

According to Jones, a respite apartment is easily accessible – as close to, "plug and play," as it gets in the senior care world. A senior registers for either a 30, 60, or 90-day stay in an apartment, which is already furnished by the community. They bring whatever clothes, personal effects, etc., that they want, and decorate the apartment as they desire. A resident can receive any needed care services while they're on the respite stay, such as grooming, shopping or medication management. They're also free to enjoy the on-site restaurant three times a day, and participate in as many of the leisure activities as they would like. Housekeeping is provided, and laundry may be provided for a nominal fee.

There is a privately paid daily cost associated with a respite stay, but that is different from community to community. Sometimes these costs may be negotiated by someone like the Care Concierge, and sometimes they are fixed.

For more information contact Jones at The Care Concierge of New England by calling (401) 488-4935 or emailing paul@careconciergeNE.com.

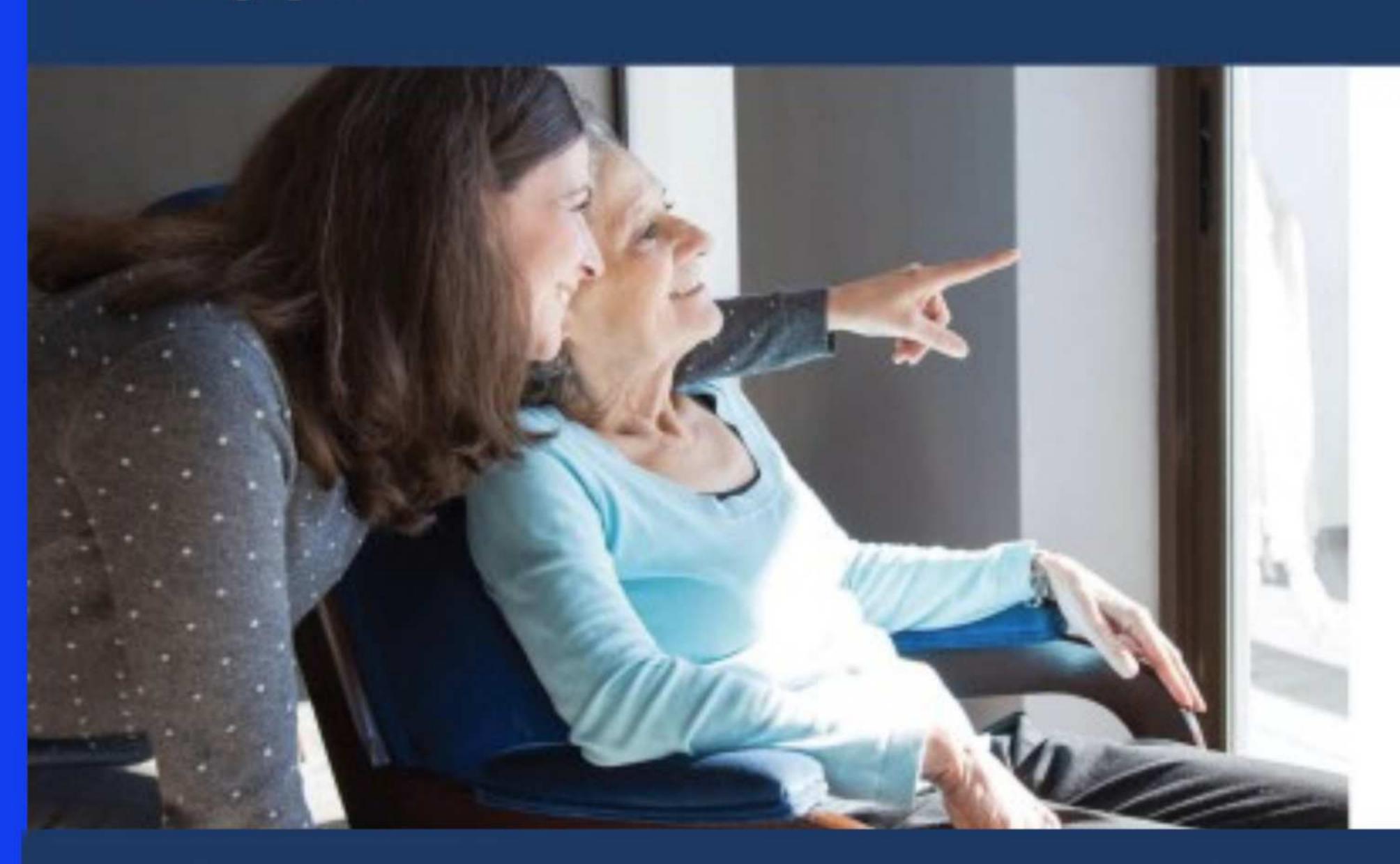


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Not summer ready? Shake off stress, pandemic doldrums with self care

Massage, skin care business see major growth despite difficult launch

From mask rash and acne, to stress-related signs of aging, the past year hasn't exactly helped northern Rhode Islanders look their best.

As we emerge from our homes ready to enjoy the world once again, it may be the perfect time to combat damage from the past year with a little pampering.

Tina Breault, owner of Solitude Massage & Wellness Center in Glendale said she's noticed that many of her clients are more stressed and apprehensive.

"I feel like a lot of people want to take care of themselves after this year, and make sure they're healthy," Breault said. "It's probably affecting them, really, in their mind and body.

Breault says she's noticed many come in with tension in their upper bodies from leaning over computer screens at home, or who are carrying tension from the negativity of the past year.

"Massage does help with stress and overall health and wellness," Breault said. "They need to clear their mind and come in."

Solitude also offers skin care services with esthetician Jennifer Jenks providing treatments made to address other pandemic-related hazards.

"Jennifer knows a lot about the skin and different atmospheres that people are in and the effect of masks," said Breault. "Stress brings out blemishes in your skin – and the masks have just been awful."

While Breaut notes that starting a business amid restrictions of the past year has come with its own set of stresses, it's also had its unforeseen benefits: business is booming.

"We hear every day about health and how we have to keep our bodies in tip-top shape," she said. "It's helping us as wellness

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Local businesses for massage and skin care

Complete Body Physical Therapy, 1452 Broncos Highway, Harrisville, (401) 371-2890

Deeply Kneaded, 63 Eddie Dowling Highway, North Smithfield, (401) 744-4353

Happy Feet Reflexology, 64 Spring Grove Road, Chepachet, (401) 568-6449

Healing in Harmony Wellness Center, 185 Putnam Pike, Suite 4, Chepachet, (401) 949-5533

Mindful Bodyworks Massage, 706 Saint Paul St. North Smithfield, (401) 465-7321

Peaceful Waters Therapeutic Massage, 77 Greenville Road, North Smithfield, (203) 736-4479

Rehab Experts Massage Therapy, LLC, 1187 Putnam Pike, Chepachet, (401) 569-8080

Rhode Island Massage Works, 117 Eddie Dowling Highway, Suite 1C, North Smithfield, (401) 648-5563

Solitude Massage Therapy & Wellness Center, 1991 Victory Highway, Glendale, (401) 710-4207

Strong Fit Massage Therapy & Bodywork, 11 Main St. Slatersville, (401) 427-4227



Tina Breault massages away neck tension

Salon helps clients escape hair damage: Pandemic highlights the importance of professional care

Hair can show signs of stress too, and lack of professional care over the past year may have left some wondering where to begin with distressed and discolored locks.

But not the clients at Affinity Salon in North Smithfield.

Kimberly Hagan, co-owner of the business, notes that when the salon first closed due to COVID, her and business partner Kelly Pattie worried that their clients' hair could be in rough shape when they saw them again.

"We thought and thought about it," Hagan told *NRI NOW*. "We came up with our own plan to have a weekly pick up night where we made up personalized color kits for color clients, with detailed instructions and everything they'd need to do their color."

Hagan said the plan not only helped clients to maintain their normal color during a time of separation, it prevented major damage and a major cost to the customers to have the stylists fix it once Affinity reopened.

"We had them sign a waiver and it worked great," Hagan said. "It held them over and kept 90 percent of them away from box hair color. We also retailed our products to them to help maintain their hair's integrity during the long stretches of no hair cuts."

Hagan says that with the exception of cuts being overgrown, everyone's hair was in good shape when

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At new space in Burrillville, it's a peaceful experience at Mindful Aesthetics

First opened three years ago in Chepachet, Mindful Aesthetics found a new home in Burrillville earlier this year, in a cultivated space owner Rae Aubin says is designed to make sure that clients leave smiling.

And her unique beauty services and hand-picked products may be just what's needed for a post-pandemic pick-me-up.

The business offers eyelash extensions, waxing, permanent makeup and tattooing for services, and also sells a collection of handcrafted home fragrance, vegan body care, cruelty-free cosmetics and sustainably crafted jewelry.

"I wanted this new space to fully represent me and my brand," Aubin said of her studio at 96 Pascoag Main St. "I obtained my retail license so I could sell products that I really stood by and believed in. I wanted to sell items that make people feel good."

Her curated collection of products gives shoppers a chance to, "purchase with a purpose," with jewelry from Cecelia Designs, a company that plants a new tree for each piece sold. Makeup comes from a fully vegan line offered by River Cosmetics, and creatively packaged handcrafted soaps and bath bombs are featured from Formulary 55. Bohemian Rêves, another women-owned business, provides hand crafted, skincare and home fragrance in small batches.

"I absolutely love and stand by these brands and use them daily," Aubin said.

The Burrillville native also produces her own line of candles that have been a big hit with clients.

"Customers love the snarky labeling," she said.

Aubin works with a team of other talented women, including Kristen Lanctot, a medical tattoo artist that specializes in scar camouflage as well as 3D nipple/areola tattooing.

A self-described free spirited entrepreneur, Aubin also sells unique crystals, plants and plant hangers from the comfortable studio.

"Considering the craziness post pandemic I wanted this space to provide a peaceful experience. It's an environment I took my time creating," she said.

The conscientious business owner said she's grateful to be able to share her talents and interests with others in her home town.

"I truly believe that whether a client is coming in for a service or a customer to purchase an item, they're leaving with a smile on their face, feeling better than before they walked in," Aubin said.

Ready for a spin? Gyms offer fun ways to burn off the quarantine pounds

The room is darkened; energizing music plays in sync to color lights; people are grooving, moving to the sound. It's not a disco dancing scene out of *Saturday Night Fever*; instead, the gyrating are getting fit, riding modern stationary cycles at RIde Spin Studio in Glocester. Summer brings fresh opportunity to invigorate the body, and Northern Rhode Island fitness businesses are ready to guide your fitness journey.

For example, Elizabeth Neves at RIde Spin Studio creates an exciting journey that's also "a very non-intimidating environment for people who never tried a fitness routine before."

Patrons seated on the cycles are moving to the beat "kind of like [at] a dance club," says Neves.

Unlike at a retro dance club, one doesn't stand in a long line wearing platform shoes and dressed in polyester flares; rather, RIde Spin Studio attracts folks from 8 to 92 years who are boogieing their way to "boosting the immune system, and having fun doing it," says Neves.

In fact, the environment is welcoming, supportive, and non-judging says Neves, who works to make "everyone to feel comfortable." "We all start off somewhere and build," she says, encouraging newcomers to give the spin a try.

People who never came before love the "rhythm ride" she says.



massage, continued from 14 providers."

Further, "The pandemic has actually been inspiring for me."

Breaut has created special packages based on circumstances of the times, such as, "Good Vibes," a deal around the holidays that included a sage cleanse, a mint scalp and foot massage, and a full body massage aimed at leaving clients cleansed and rejuvenated. Currently, she's running a summer "Detox Cleanse including a 90 minute full body massage using detox oils, a detailed foot massage focused on pressure points, and detox foot pads made of dried herbs and left on for 6-8 hours that pull out impurities in the body.

The packages have sold well and the business is grown despite what could have been terrible timing: Solitude was originally scheduled to open in April of 2020, just as state-mandated shut downs began. The licensed massage therapist and certified Reiki master teacher was finally allowed to open, with restrictions, last June and is now celebrating a year in business.

"Not knowing if I could massage again – that was really scary," Breault said, noting that after the rough start, "I have been so busy."

Soon, she said, the Glendale business will expand to include another room, and a second massage therapist.

"It's been great," Breault said. "I have been blessed."



Elizabeth Neves at RIde Spin Studio



Kelly Pattie and Kimberly Hagan

salon, continued from 14

they returned.

"They weren't blow drying, flat ironing, or curling ironing everyday to head out and about, or into the office," Hagan said. "It was terrific for our clients who tend to use a heat tool everyday, which is one of the main offenders of distressed hair." Affinity was closed for ten weeks, and while Hagan notes it was stressful for everyone, the changes opened doors for the salon.

"Clients had a new appreciation for what we do, saying 'I never want to do my hair color again myself' or 'my husband has doing my color kits for me and he's ready to retire from it', 'he now

knows why it takes so long and costs what it does'," Hagan said.

The stylist notes that some clients grew their hair out during the shutdown, which allowed salon staff to experiment and try a different style once they came back.

The "shut down also gave those clients on the verge of growing out their gray hair the courage to do so," Hagan added. "They felt 'well it's grown out this much, let's see how I like my gray for real." So, when they came back, we helped guide them into a new look to make them feel confident in their natural hair color."

"We have a special relationship with our clientele, like most hairstylists," said Hagan. "We missed them, they missed us."

Hagan and Pattie checked in on some clients through email while the business was closed, knowing that when the pandemic started, they were already going through a tough time in life.

"When we opened back up we were literally seeing clients before they went to their doctors, dentists, or even saw their own grandkids," Hagan said. "We were definitely high on some priority lists."

"That's the magic of being a hairstylist: the relationships – not only trying to make them comfortable in your salon and how you do their hair, but in how you internally make them feel," said Hagan. "It is not vain to want to look and feel good, even when you are stuck at home. We knew it would be emotional for some of our clients to not feel like themselves as they pass by the mirror."

The caring crew at Affinity, she notes, wanted to make sure that hair was one thing clients didn't have to worry about.

While Hagan notes that stress can cause issues with skin and hair, in many cases, her crew saw improvements in the health of clients' locks – as well as their emotional health.

"If you think of it, besides Covid, a lot of people's normal every day stressors were out of the picture... no traffic on your work commute, no jam-packed weekends where you can't even catch your breath, no stressful holidays with stressful family members for some, the list goes on," Hagan said. "It actually forced everyone to slow down and release themselves from the guilt of not keeping up with every day life."

Live Entertainment 6 Days a Week

Tuesday & Friday: Karaoke w/ DJ Sarge

y: Open Mic w/ Jesse Desorcy & Chris Quiray

Thursday: Live bands featuring Dylan Butler & friends

> There's always something fun happening at Hill's...

> > Yard games! Large fire pit!





Summer Event Schedule

• July 3: Back in the Day, 3 p.m.

July 31: Through the Doors &

Janis Joplin tribute, 3-7 p.m.

• August 14: Rob Benton, 4-7

Montgomery with Nolan

August 29: Hill's Tavern Jam

with Tony Soul, 2 - 6 p.m.

Leite 3 p.m., \$15 cover

August 28: James

July 17: Still Burning, 2-6 p.m.

Tony Soul Project, 7-10 p.m.

Live Music Every Saturday!

Sunday Rocking Blues Jam

417 Putnam Pike Chepachet, RI(401) 349-5512

Spring Lake Beach, continued from page 6

The arcade features games from every decade since the 1920s, and some still cost just a penny to play, making it the oldest penny arcade business in America. According to a webpage on the privatelyrun beach arcade, there are only a few businesses in the country that still operate such penny games. You'll also find classics like Skee ball, and a lineup of vintage pinball machines.

Outside, guests can sign out sports equipment, including ping pong paddles or a volleyball, free of charge, or rent a boat for a quick ride on the lake, with kids' boats costing just \$2. A volleyball court was recently added to amenities, and you can still feed the family at the beach for less than \$20, with hot dogs and hamburgers sold for \$2.75 and \$3.25 respectively.

A beach store offers souvenirs, and a small museum opened in 2018 documents beach history, with photos going back to the late 1800s.

The beach also features two bounce houses, including one that's a water slide. Two dollars will get you 15 minutes of bouncing, or for \$3 you can slide through the water, with day passes costing \$13. And yes, adults can enjoy the water slide too.

Champlin Hall is available for rental for those who want private events.

For parents of young children, Spring Lake offers a chance to relax with an expansive view and security cameras, all but eliminating fears that a little one might wander off, and there's plenty to occupy the little tykes. There's a lifeguard on duty daily, two small playgrounds and a few plastic slides where kids can splash into the lake. Picnic tables across the beachfront provide a place to set up for lunch, and guests have access to clean restrooms and outdoor showers.

"This is a gem when you find it," noted Lopez, who has managed the facility since 2015. "I'll be honest, I love this place. The families get so excited when they come here."

Daily admission at Spring Lake is \$4 for Burrillville residents and \$7 for out-oftown guests. Season passes are also available for town residents for \$20 per person or \$30 for a family of up to five people.

About us:

North Rhode Island News On the Web is published by North Smithfield-based journalist Sandy Seoane. Launched in 2018, the online news source covers stories in Burrillville, North Smithfield, and soon, Glocester. A news website by and for local residents, NRI NOW covers local government, schools, events, politics, crime, human interest stories and more.

Read new stories daily at NRINOW.news and subscribe to receive our weekly newsletter. For more information contact sandy@nrinow.news.